



HEAL Initiative

Health, Equity, Action & Leadership

Letter from the Founders

Spring 2015

As we welcome our inaugural class of HEAL Initiative fellows, we are excited to share our Spring 2015 update. From our start-up summer of 2014 through our current deployment process, this period covers a phase of great growth and strategic planning. As our organization grows, we hope to communicate with transparency to our supporters, and these updates serve not only as external news but also as a focus for our continued learning.

This July, HEAL fellows will come together in the Bay Area from Navajo Nation, Malawi, Liberia, Haiti, Mexico, Nepal, India and all over the United States. It marks the beginning of an intensive two years in global health training: an immersive three-week pre-departure training followed by field work in HEAL partner sites. In the coming months, as fellows meet one another, learn together, and begin to share their stories with mentors, we invite you to put names to faces and follow their global health journeys through HEAL updates.

We also bring you important insights into our partnerships, curriculum, organizational strategy, and media highlights. This initial iteration of reporting is our effort to improve program efficiency and effectiveness, towards our mission of delivering better healthcare to those in need.

Sriram Shamasunder, MD, DTM&H

Phuoc Van Le, MD, MPH, DTM&H

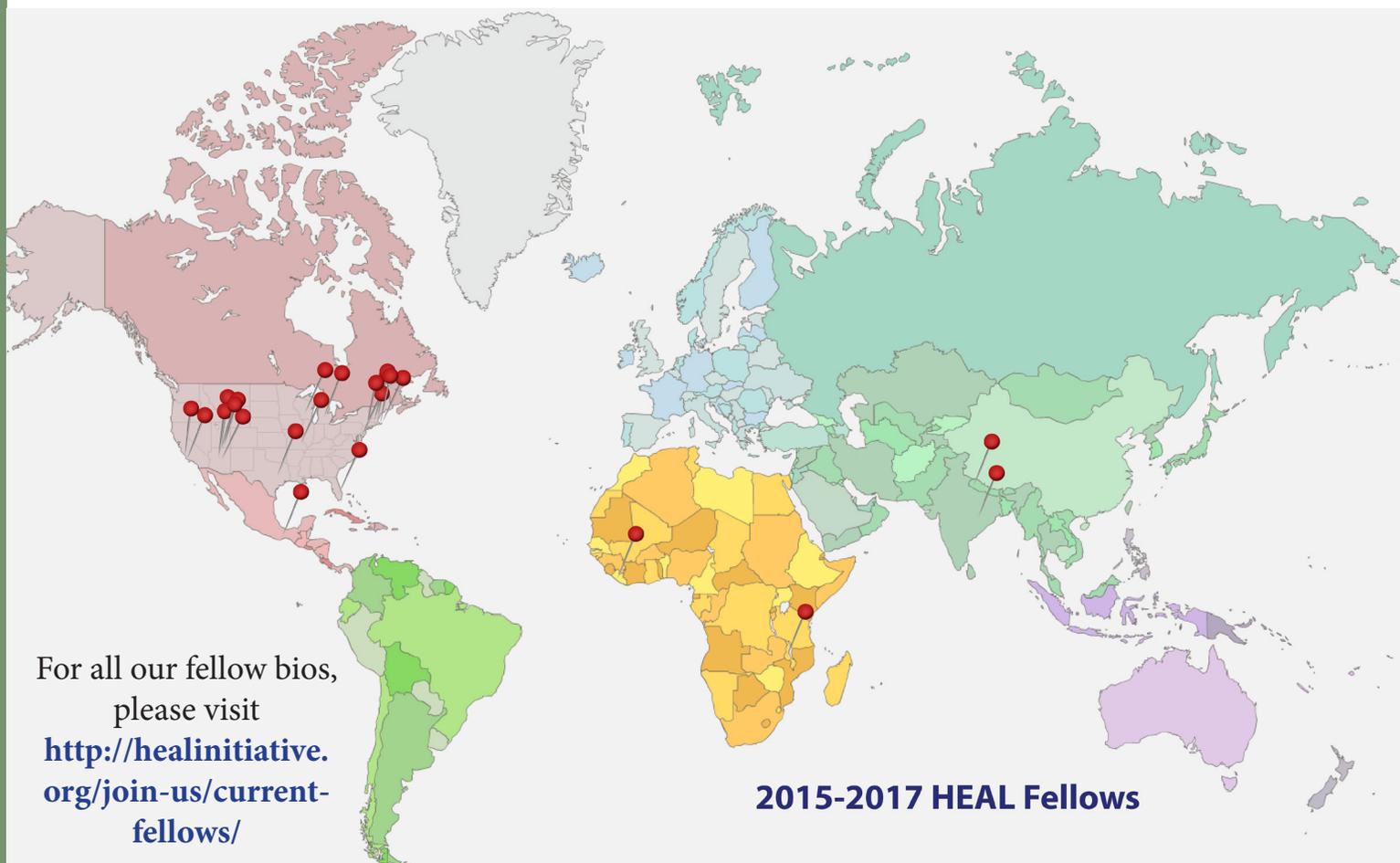
A Look at Our Work in Liberia

“Seeing those little day-to-day changes in the healthcare facilities- [those] were some of the biggest accomplishments.”
-Dr. Ami Waters



From left to right: UCSF Global Health Hospitalist fellow John Ly, HEAL core team members, and fellow Ami Waters reflect on recent work in Liberia. Follow HEAL on twitter @healinitiative for more updates.

Where We Come From: HEAL Inaugural Class of Fellows*



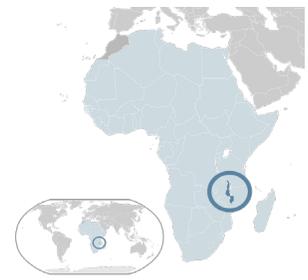
Jessica Bender	Internal Medicine	Boston Medical Center
Kelvin Chan	Internal Medicine	Olive View-UCLA Medical Center
Emilia Connolly	Pediatrics	Jefferson Medical College/A.I. duPont Hospital
Amelia Fisher	Pediatrics	University of Vermont
Robin Goldman	Internal Medicine/Pediatrics	University of Michigan
Kami Groten	Dentist	Gallup Indian Medical Center
Fanny Ita-Nagy	Infectious Disease	Mount Sinai
Annie Khan	Family Medicine	Boston Medical Center
Anna Landau	Family Medicine	Harbor/UCLA
Tim Laux	Internal Medicine	Barnes Jewish Hospital
Lawrence Nazimera	District Health Officer	APZU, Malawi
Isha Nirola	Director of Community Health	Possible Health, Nepal
Meghan Ritz	Physician Assistant	Northern Navajo Medical Center
Trisha Schimek	Family Medicine	University of Wisconsin
Leonard Shirley	Social Worker	Fort Defiance Indian Hospital
Marco Trigueros	Internal Medicine	Stamford Hospital/Columbia U. College of Physicians
Michael Tutt	Chief Medical Officer	Fort Defiance Indian Hospital
Ami Waters	Internal Medicine/Pediatrics	Baylor College of Medicine
Lena Wong	Internal Medicine/Pediatrics	University of Miami

*HEAL fellows from Last Mile Health in Liberia, JSS in India, & CES in Mexico still being finalized



HEAL Partner Site Spotlight:

Malawi



In 2007, PIH/Malawi—Abwenzi Pa Za Umoyo (APZU)—began working in partnership with Malawi's Ministry of Health in the rural Neno district to provide comprehensive, community-based care to an area of about 125,000 people. Below are the bios of the 3 HEAL fellows who will be working with APZU.



Emilia Connolly is currently a pediatric chief resident at Jefferson Medical College/A.I. duPont Hospital for Children in Philadelphia, PA. Emilia grew up in California and worked in pharmaceutical development for 2 years before attending medical school. She has been fortunate to have several global health experiences in eastern Africa during her training and is thrilled to learn and grow as a clinician and educator in the next two years.

Amelia Fisher is currently a third year resident in pediatrics at the University of Vermont. She grew up in Vermont and came back to the state for residency to be close to family. She has done a lot of global health work in Tanzania and Kenya, and is currently in Kampala, Uganda, where she is doing a one month rotation at Mulago National Hospital. In her free time, she tries to get outside as much as possible, whether it be running, hiking, or biking.

Lawrence Nazimera is a medical doctor working with Malawi's Ministry of Health in the remote district of Neno. In 2013, he was recruited by the Ministry of Health as Neno's District Health Officer, the highest ranking health official in a district of 150,000 people. He is very passionate and committed to improving the health of the poor and vulnerable population of Neno as well as mentoring and building a strong clinical team in the district.

HEAL Partnerships

The HEAL Initiative mission is to build health equity on a strong foundation of global and domestic partnerships. Our 2015 partners include:

International Partners:

- Abwenzi Pa Za Umoyo, Malawi
- Compañeros En Salud, Mexico
- Jan Swasthya Sahyog, India
- Last Mile Health, Liberia
- Possible Health, Nepal
- Zanmi Lasante, Haiti

Domestic Partners:

- Fort Defiance Indian Hospital
- Gallup Indian Medical Center
- Northern Navajo Medical Center
- Tuba City Indian Medical Center

Looking ahead as we scale, HEAL Initiative has begun future partnership conversations with the following organizations in medically underserved populations: California Federally Qualified Health Centers, Rikers Island Correctional Facility, Saipan US Commonwealth Hospital, Project Muso in Mali, Alaska Indian Health Service.

A Sneak Peek into HEAL's July Immersive Training

The HEAL curriculum is an innovative two-year training program that begins by bringing international and domestic fellows together in the Bay Area for an immersive global health training. After this three-week in-person training, HEAL fellows continue their education through an integrated online portal, formal faculty mentorship, peer reflection, and the option of a Masters in Public Health from UC Berkeley. The curriculum design will evolve jointly with HEAL partner programs to reflect a true collaboration and meeting of needs. The HEAL core competencies are as follows: provision of high quality care focused on local burden of disease, incorporation and effective engagement in local health system, interprofessionalism and leadership, advocacy, health equity, and ethics. Below is an outline of the HEAL July 2015 immersion, which will launch our inaugural class of fellows.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3	4
HEAL Pre-Departure Training Calendar							Orientation for international fellows
	5	6	7	8	9	10	11
Outside Venue	Explore SF/travel	Fellowship orientation: nuts & bolts, introductions	History of GH, human rights, approaches to GH	Social determinants of health, structural violence	Topics in global health delivery	Leadership training #1	Day Off
		Unpacking your assumptions and perspectives	Understanding Your Health System Activity	Poverty simulation	Meet your mentors, meet your cohorts	Fellowship ILPs and portfolios	
	12	13	14	15	16	17	18
UCSF	Field trip	Ultrasound	Trop Med 101	Ethics simulation and didactics	QI	Case Studies	Complex disaster response
			Exploring GH at UCSF	Lab medicine	Stanford Teaching Course	Stanford Teaching Course	
	19	20	21	22	23	24	25
Outside venue	BBQ	Leadership #2	Policy & Advocacy in Global Health	Mentorship & Personal Well-Being	International mental health	Summation	Day Off
		QI case studies	Healthcare financing	Chronic disease	Fellowship evaluation mentor meeting	Travel	
Home	26	27	28	29	30	31	
	Day off	To the field					

Advisory Council & Mentorship

Advisory Council: To date, the HEAL Initiative has recruited an Advisory Council of seven members representing a depth of academic, philanthropic, clinical and strategic experience.

HEAL Faculty Mentors: Fellow mentorship is a cornerstone of the HEAL Initiative goals. Seven mentors, recruited from the UCSF Global Health Core and partner sites, will conduct weekly check ins with fellows, provide evaluation and support via site visits, and guide fellows along their professional development path to global health leadership.